

Our Lady of Beauchief & Saint Thomas of Canterbury

Meadowhead, Sheffield, S8 7UD

Telephone: 0114 274 7257

Email: olstchurch@gmail.com Website: www.olstsheffield.org.uk

Chapel of Ease: English Martyrs, Baslow Road, Totley S17 4DR

Parish Priest: Father Clement Abah

St Thomas of Canterbury Catholic Primary School

Chancet Wood Drive, Sheffield S8 7TR

Telephone: 0114 274 5597 Email: enquiries@st-tc.co.uk Website: www.st-tc.co.uk

*The
Season
of
Lent*



The Month of February is devoted to the Holy Family

*The
Season
of
Lent*



FIRST SUNDAY OF LENT (A)

Sunday, 22nd February 2026 Psalter Week 3

Saturday (Totley)

5.00 p.m. People of the Parish

Sunday

9.15 a.m. Kate Phelan

11.15 a.m. Alex Bell RIP

Monday

St Polycarp, bishop, martyr

No Mass

Tuesday (Totley)

Lenten Feria

10.00 a.m.

10.30 a.m. Stations of the Cross

Wednesday

St Ethelbert of Kent

9.30 a.m. Stations of the Cross

10.00 a.m. Mary and Patrick Murphy

Thursday

Lenten Feria

No Mass

Friday

St Gregory of Narek, abbot

12.00 p.m. Oliver Wragg

Saturday

Lenten Feria

10.45 a.m. Maureen Conlan RIP

Next Week's Masses

First Sunday of Lent

Saturday - Totley

5.00 p.m. People of the Parish

Sunday - Meadowhead

9.15 a.m. Matthew and Keolebogile
Henderson

11.15 a.m. Tony Willcock

Exposition of the Blessed Sacrament

Saturday 10.00am – 10.40am

Rosary - 10.00am

Sacrament of Confession

Saturday 10.00am - 10.40am

Pray for our sick: Joe Parkin,

Anne Grayson, John Grayson,

Anne McPhee, Tony Willcock,

Elizabeth Watson, Paul Smith,

Philomena McNally, Brenda Charles,

Helen Aulton, Stephen Bingley, Molly

Upton, and Sue Jarman.

Responsorial Psalm: 51

R: Have mercy on us, O Lord, for we
have sinned.

Offertory: Loose plate and envelopes total
for 15th February 2026 was £346.23 Thank
you.

Come to Mass with no cash? You can donate
by card on the machines in the porch and by the

Events for the Coming Week

Monday 6.45pm SVP Meeting 2nd March

Wednesday 6.15pm Rainbows and Brownies

Friday 12.30pm Lunch Club follows Mass

**If you notice anything on or around the church premises
which has the potential to cause harm or requires repair,
please let Liz Mason, Fr Clement or Simon Jones, phone
07808283807 know as soon as possible so that appropriate
action can be taken promptly.**

Registered Charity No 512021



We have now entered the great season of **Lent**. The Collect for this First Sunday of Lent reminds us what the season is all about: “Grant, Almighty God, through the observance of holy Lent, that we may grow in understanding of the riches hidden in Christ and, by worthy conduct, pursue their effects.” The purpose of Lent is beautifully summarised in that prayer – to understand the suffering, death and resurrection of Jesus and to live that out in our own lives. The Church provides Lent almost like a six-week annual retreat, a time for deepening the understanding of our Christian faith, a time for reflection and renewal, a time to make a fresh start.

CAFOD Family Fast Day this Friday 27th - February gives us the chance to help twice as many farmers grow enough food to eat as all donations up to £378,000 will be match funded. See the poster, <https://www.youtube.com/watch> or www.cafod.org.uk to see innovative methods like floating gardens and solar powered pumps developed to counter the effects of climate change and to donate online cafod.org.uk/envelope or use the attached envelope to share the benefits of your efforts to eat simply in solidarity with those who struggle to put food on the table. Thank you.

SVP - If you would like to organise a collection of large furniture - or offer your time and skills - then please call 0114 270 3990 or email infosheffield@svp.org.uk See more at <https://svp.org.uk/sheffield-furniture-store> Thank you.

Baptism Preparation - 7.30pm this coming Thursday, 26th February, being the last Thursday of the month, there will be a baptism preparation session in church for those wishing to have their baby baptised in December. NOTE: it is important that Fr Clement is already aware of your intentions and that you have already met with him.

RCIA - Journey In Faith Programme - 2025-2026 Thursdays at 6.00pm Our parish Journey in Faith programme is a weekly course for all who wish to become a Catholic, for adult Catholics yet to receive their First Holy Communion or for Catholics who wish to learn more about their faith. Please come. along.



World Day of Prayer Annual Service on 6 March which this year has been prepared by women of Nigeria, with the theme of "I will give you rest, come". World Day of Prayer - a women led, global, ecumenical movement <https://www.wwdp.org.uk/>

YOUR PREMISES COMMITTEE NEEDS YOU!!! There are an increasing number of tasks which need to be dealt with to maintain the condition of the buildings at Meadowhead as well as at Totley. The capacity of the premises committee is not sufficient to cope with all of this so if anyone has any available time and energy with which to enhance the capabilities of the Premises Committee would you please consider approaching Fr Clement, Simon Jones (07808 283807) or Cathal Farragher (07432512739) for further details? Thank you.



Hallam Lourdes Pilgrimage 2026 - Bookings are now being taken for the Hallam Pilgrimage to Lourdes, 26th June to 2nd July. The cost is £1010, to include flights from Leeds Bradford to Lourdes, 6 nights accommodation, full board and insurance. There will be a full religious programme led by Bishop Ralph. The theme this year is 'Hail, full of grace'. For bookings see www.tangney-tours.com/hallam, or call 01732 886666. Paper booking forms will be available in parishes within the next two weeks. For further information call 01302 247910 or 07724 650066 or email lourdesoffice@hallam-diocese.com.

LENTEN DAY OF RECOLLECTION - Everything is connected – how do we care for our common home? At St Vincent’s Church, 40 Pickmere Road, Crookes, Sheffield, S10 1GY, Saturday 21 March, 11:00am-3:00pm. Tea/ coffee from 10:30am. **Speakers:** Bishop John Arnold, Bishop of Salford, spokesperson for the Bishops Conference on the Environment, and President of Pax Christi. Dr. Maria Exall, Honorary Fellow at the Centre for Catholic Social Thought and Practice in the Department of Theology and Religion at Durham University. The event is free. Please bring your own packed lunch. Tea and coffee provided. Please book your place: > <https://www.eventbrite.co.uk/o/hallam-formation-and-mission-46212155433>

Safeguarding - There will be a drop-in session from 9am on Friday 27th February in the Parish rooms, with Angela and Claire the current Parish safeguarding representatives. If you have any safeguarding concerns, would like information or would just like to meet us, please come along.

Our Parish Safeguarding representatives are: Angela Holman and Claire Parsons.
Email address: safeguarding.olst@hallam-diocese.com

Tea and coffee - We need more volunteers prepare and serve the tea and coffee after 9.15 Mass. We do not have a rota currently, and it is falling to the same on or two groups who are doing it every week. Please offer to help and do on a rota if you can. We would hate to lose this valuable social activity.



Next Week - 1st Sunday Give to Live collection – many thanks for your generosity last month which raised £84.50. plus £118 Give to Live 100 Club profits.



....and the collection for St Wilfrid's Centre which for Lent includes Laundry pods or tablets, Dishwasher tablets, black bin bags, cotton dishcloths, tinned vegetables (not toms or baked beans thanks) and tins of meat casseroles. Or you can donate at [https:// www.stwilfridscentre.org/](https://www.stwilfridscentre.org/)



Cleaners - We are in desperate need of cleaners at Meadowhead. At the moment there are no teams available to clean the church for the next 4 months. It'll look a bit messy by then!!

Please, if you can spare a couple of hours for two weeks in a month it would be very much appreciated. Your turn would only come around at most twice a year, but if we have enough volunteers it would be only one a year. Please contact Liz Mason if you can help.



Parish WhatsApp Group - Our Parish WhatsApp community has now been set up. We will use it to share announcements and events for the Parish. Please sign up using the QR code after Mass or email Liz Mason

Journey of the Soul

A forty-day trek, souls embark,
In Lent's journey, we leave our mark,
Through trials and prayers, stark,
Inward, towards the divine spark.

With each step, closer to the core,
In self-denial, spirits soar,
In Lent, our virtues we explore,
Journeying to the heavenly shore.

In this pilgrimage, wisdom we glean,
In soul's quest, unseen,
In Lent, to God we lean,
In this journey, we're serene.



Prayer and Pizza Night - Friday 6th March 6pm.

OLST Youth Group are holding a prayer and pizza night in the Parish Rooms at 6pm on Friday 6th March. It is a time to come together in prayer, play some games and eat some pizza! It is a free event and open to anyone in secondary schools aged 11-18. To reserve your space please sign up using this QR code. If you have any questions please speak to Josh Neal.



Lenten Offertory Collections: Throughout Lent as we make greater efforts at self denial for the health of our own body & soul, we can also benefit our neighbours' bodies and souls by channelling any money saved thereby to meet their needs through continuing support of CAFOD's work and by joining in the Practical Offertories.
(see the plan in the Lent insert.)
Starting TODAY

Thank you for your gifts today for SVP Furniture Store
See more at <https://svp.org.uk/sheffield-furniture-store>

1st March - CAFOD Fast Day envelope collection & Regular 1st Sunday Give to Live collection and Tinned veg & meat casseroles, cleaning materials for St Wilfrid's Centre.

8th March - Commitment to give of your time and skills

15th March - Money collection for LIFE.

22nd March - Groceries for Grace Food Bank

29th March - Small /medium underwear pants, vests & T- Shirts, socks and size 7-10 shoes - Ben's Centre.





**Mass - New Celtic Liturgy: Holy Holy 553;
Memorial Acclamation 554; Amen 555; Lamb of God 591**



A Daily Morning Prayer

Almighty Lord and God, protect us by your power throughout the course of this day, even as you have enabled us to begin it.

Do not let us turn aside to any sin, but let our every thought, word and deed aim at doing what is pleasing in your sight. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Prayer for the First Sunday of Lent

Grant, almighty God, that through our yearly Lenten observance, we may grow in understanding of the riches hidden in Christ, and, by worthy conduct, pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

A special Lenten Fast

Give up harsh words: use generous ones.
Give up unhappiness: take up gratitude.
Give up anger: take up gentleness and patience.
Give up pessimism: take up hope and optimism.
Give up worrying: take up trust in God.
Give up complaining: value what you have.

Give up stress: take up prayer.
Give up judging others: discover Jesus within them.
Give up sorrow and bitterness: fill your heart with joy.
Give up selfishness: take up compassion for others.
Give up being unforgiving: learn reconciliation.
Give up words: fill yourself with silence, and listen to others.

This Week's Readings

FIRST SUNDAY OF LENT (A)

First Reading: *Genesis 2:7-9; 3:1-7*

Responsorial Psalm: *51*

Second Reading: *Romans 5:12-19*

Gospel: *Matthew 4:1-11*

Next Week's Readings

SECOND SUNDAY OF LENT (A)

First Reading: *Genesis 12:1-4a*

Responsorial Psalm: *33*

Second Reading: *Timothy 1:8b-10*

Gospel: *Matthew 17:1-9*

This Monday we commemorate St Polycarp, bishop and martyr. A disciple of the Apostles, bishop of Smyrna, and a friend of St Ignatius of Antioch, he was martyred at Smyrna in about 155 by being burnt to death in the stadium. Polycarp is an important figure in the history of the church because he is one of the earliest Christians whose writings still survive. He bears witness to the beliefs of the early Christians and the early stages of the development of doctrine.

This Week's Ministries 21/22 February 2026

Readers	5.00 p.m.	A Southeran, V Coomer
	9.15 a.m.	S Jones, R Portaluri
	11.15 a.m.	M Pybus, P Harrison
Communion	5.00 p.m.	C Udall, K Durkin
	9.15 a.m.	M Mahon, N Parsons, C Parsons
	11.15 a.m.	P Okamfat, M Harrison, P Corkell

Pause for Thought

Through Him hearts are raised up,
the weak are led by the hand,
and those who are making progress
are perfected.

Saint Basil the Great 329 – 379

Next Week's Ministries 28 February/1 March 2026

Readers	5.00 p.m.	H Simmerson, D Hilliard
	9.15 a.m.	D Winter, A Peacey
	11.15 a.m.	J McNally, B Jones
Communion	5.00 p.m.	J Brook, V Coomer
	9.15 a.m.	A Tucker, A Tucker, M Ayanleke
	11.15 a.m.	K O'Brien, H Stones, S Campos
Welcomers	9.15 a.m.	
	11.15 a.m.	S Reynolds

Thought For the Week - Pope Francis

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*The only time that
we are allowed to look
down on others,
is when we are offering
to help them up.*
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