



This Jubilee Year is set aside as a special time to re-establish right relationships with God, with one another, and with all creation.

This is something we try to do every Lent but this year, even more opportunities are open to us. The Calendar overleaf highlights some of the many possibilities we can explore and engage with towards achieving the Jubilee goals and, in doing so, becoming signs of Hope for others on the journey through life.

CAFOD Family Fast Day – Lent Appeal Friday 14th March



This gives us one opportunity to restore balance in our lives and relationships and also to join in solidarity with people struggling around the world to feed their families: people who face difficulties in this country and have to rely on Foodbanks; people overseas who are more severely affected by climate change, conflict or corporate greed.

Most of us are in the fortunate position of being able to choose what we eat. We can make our choices count.

And any money we save by this can help people like Lokho in Kenya with skills and resources to feed her own family now.

Read more at <https://cafod.org.uk/fundraise/family-fast-day>

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... and if you want to work towards safeguarding our own personal and environmental health here in the UK and be a sign of Hope in this Jubilee Year check out:

thefoodconversation.uk and more globally:

www.cafod.org.uk/campaign/fix-the-food-system

Some extra opportunities in **LENT 2025** for....

REPENTANCE – turning back to the ways of God

- ✘ **Sacrament of Reconciliation:** Every Saturday 10-10.40am before 10.45am Mass.

Penitential Service: 7.30pm Spy Wednesday 16th April.

PRAYER & REFLECTION – drawing closer to God

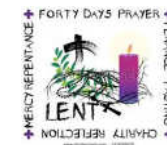
- ✘ **Stations of the Cross:** Totley Tuesdays after 10am Mass.
OLST Wednesdays at 9.30am
- ✘ **Exposition** of the Blessed Sacrament and **Rosary**
10-10.40am Saturdays.
- ✘ **Weekday Mass** usually 10am Tues (Totley) & Weds (OLST),
12noon on Fridays (OLST)– but please check the Newsletter.

FASTING & ABSTINENCE–for the good of our body & soul

- ✘ **CAFOD Family Fast Day:** Friday 14th March.
- ✘ **Fridays** are days of fasting & abstinence. Lent encourages us to greater efforts. Make them count for Creation.
- ✘ **Lent Lunches** 12-1.30 some Lent Sundays. See Newsletter

ALMSGIVING- for the good of our neighbour's body & soul


- ✘ **Lenten Offertory Collections:-** (More details in Newsletter.)
- 1. **9th March** *Household items for **SVP Furniture Project.**
- 2. **16th** ***CAFOD Fast Day** envelope collection &
***Groceries** for **Grace Food Bank**
- 3. **23rd** *Commitment to give of your **time and skills**
(More on this in the newsletter closer to the time.)
- 4. **30th** ***Money collection** for **LIFE.**
- 5. **6th April** Regular 1st Sunday ***Give to Live** collection &
***Tinned veg & meat casseroles, cleaning materials** for **St Wilfrid's Centre.**
- 6. **13th** ***Small /medium underwear pants, T-Shirts vests, socks & size 7-10 shoes - Ben's Centre.**
- ✘ **Good Friday:** Collection for support of Holy Places in the Holy Land.



THANK YOU for ALL your GENEROSITY.

OUR JUBILEE YEAR LENTEN JOURNEY TO EASTER AS PILGRIMS OF HOPE
PRAY: to give thanks to God and to grow in the love of Christ. **GIVE:** to share Christ's love with others.
FAST: to sharpen your senses and cleanse your spirit.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Lent starts this week. Approach it as an opportunity for personal growth, not as 6 weeks to be grimly endured!!</i>	<i>Have you got your Pilgrim Passport for the Jubilee Year 2025? If not, pick one up from the porch.</i>	<i>Ash Wednesday. "Return to me with all your heart" (Joel 2:12) Note the "all" Token gestures are not enough</i>	Support our Lent collections for local charities. The details are overleaf and / or in the weekly newsletter.	<i>Tomorrow is International Women's Day. Pray for women and girls who are denied education and basic human rights.</i>	We now have morning Mass every Saturday at 10.45 after Exposition, Rosary and Confessions from 10. All welcome.	"Be gone, Satan" It is not wrong to feel temptation, only to yield to it. We can resist with God's help. 9 March
Pray and act for peace and justice. Visit the Pax Christi website for ideas and resources. www.paxchristi.org.uk	Reflect on Jesus's journey to Calvary at Stations of the Cross, at M/Head at 9.30am, Wednesdays and Totley after Tuesday Mass	In charity I give what I can easily spare; in justice I share what I have. (www.sacredspace.ie).	What gives you hope in troubled times? Start a conversation about it. Share positive, not negative, messages.	<i>Lent Fast Day.</i> CAFOD projects help our poorest brothers and sisters feed themselves and their families	Pray for those taking part in Flame 2025 today – and for all our young people that they may Fan the Flame of Hope.	Jesus's transfiguration impresses St Peter, but he still has doubts until the coming of the Holy Spirit. 16 March
<i>Feast of St. Patrick</i> "I am a sinner, a simple person, the least of all believers." Let us learn from Patrick's humility.	There are many online campaigns against injustices in our world. Sign at least two this Lent.	<i>Feast of St. Joseph</i> May we, like St Joseph, accept all that God gives us, and care for those entrusted to us.	"Hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit." (Romans 5:5)	Try out some of the great alternatives to meat and dairy. You may soon find that you actually prefer them.	The theme for World Water Day 2025 is " Glacier Preservation ". https://www.un.org/en/observances/water-day	The Gospel reminds us of the need for true repentance and for complete acceptance of God's will. 23 March
"Aspire not to have more but to be more." (St. Oscar Romero). On his anniversary today, take his words to heart.	<i>Feast of the Annunciation of the Lord.</i> "Nothing is impossible to God." (Luke 1:37)	Don't let anxiety or fear of the unknown hold you back from growing in faith - and putting your faith into action.	Pray for our First Holy Communion candidates and for their families. They are our hope for the future.	"Why spend your wages on what fails to satisfy? (Isaiah 55:2) True joy comes through our relationship with God.	Thank God for all the gifts we share in our parish. Be generous in sharing yours.	Mother's Day Support the collection for LIFE. Pray for all mothers, and for those who have lost children. 30 March
Pray for the leaders of the Church, and for all our priests and seminarians. And for more new vocations.	Slavery still exists, even in the UK. Campaign against human trafficking and pray for its victims.	Share the journey - literally. Join a Jubilee Pilgrimage in 2025. Look out for news of events in the newsletter.	Lend a listening ear to those who are troubled. "Listening is the highest form of hospitality" (Henri Nouwen)	What a wonderful world God has given us. Let us each play our part in protecting it.	Support our in-kind collection for St. Wilfrid's and bring your Give to Live money this weekend.	Are we sometimes all too ready to criticise other people whilst overlooking our own faults? 6 April
Pray that those who have witnessed violence, destruction and killing will find help to deal with their experiences.	Review your giving to charity. Give regularly, not just when there's a crisis or disaster. Could you give more?	"Each one of you has received a special grace." (1 Peter 4:10) Recognise your special gift and be generous in sharing it.	"Never repay evil with evil" (Romans 12:17) Bitterness will fester like an infected sore. Only forgiving can heal it.	Pray for people with money worries. Support Food Banks at our 3 rd Sunday collections and at supermarkets.	Pray for people who suffer from addictions. Support this week's in-kind collection for Ben's Centre.	Palm (Passion) Sunday. Let us stay with Jesus unlike the crowds who first greeted but then abandoned him 13 April
Pray for our politicians, priests, doctors, teachers, police and fire services and all who lead our communities.	The Sacrament of Reconciliation brings us healing. Come along to tomorrow evening's Penitential Service.	Our diocese celebrates the Jubilee of Priests and People at the Chrism Mass at St Marie's today. Why not come? All welcome.	<i>Maundy Thursday</i> "They recognised him at the breaking of bread" (Luke 24:35). May we always do likewise.	<i>Good Friday</i>  Let Christ fill the space today.	<i>Holy Saturday</i> Rejoice in your hope, be patient in tribulation, be constant in prayer. (Romans 12.12)	EASTER SUNDAY "He is not here, but has risen." Luke 24.6 Stay with us Lord on our life's journey.